



Helios Himalayan Hot Stone Massage Kit - Exclusive

Included in each (HHSKIT) Himalayan Hot Stone Massage Kit: the warmer bowl w/60W bulb, 5 oval & 1 heart massage stones.

Exclusively made for *Helios Health Products* - All components are hand-crafted and 100% natural minerals. The stones are sanded and polished by hand to enhance the true beauty and smoothness. This Himalayan Pink Salt is the purest salt on the planet and comes from a 300 million year-old Jurassic era seabed.

This unique kit is complete with a constant heat source - the Himalayan Pink Salt heating surface & platform energizer (negative ion generator). The energizer keeps the salt massage stones at the perfect temperature of 105 to 118 degrees.

Purchase separately (wholesale or retail) 2oz Helios All Natural Relief Spray // 2oz Helios Spot Therapy // 2oz, 4oz, 8oz, ½ gal. 1 gal. Unscented blend massage oil (Blend: Organic Sunflower, Fractionated Coconut Oil and Olive Squalane) or Scented Natural Extract Massage Oils: coconut, cucumber, lavender, wild rose or lemon grass.

Benefits of the Exclusive Helios Himalayan Salt Stone Massage Kit:

- Warm inviting ambience to any massage room
- Transdermal absorption of 87 trace minerals
- Negative Ion Generator
- Great addition to any spa menu.
- Grounds the body's electromagnetic field, meridians and nervous system
- Very little microbial cleaning is needed since salt does not support bacteria growth.



Helios Massage & Body Oils

Uses and Protocol – Utilizing the Himalayan Salt Stones:

- The ultra-glide with Helios Aromatherapy Massage and Body Oil is smooth and non-greasy.
- Still placement with warm stones (and Helios Spot Therapy oil) - opens blocked meridians and pores
- Still placement with room temperature stones on any inflamed area will draw the heat into the stone from the body.
- Helios Spot Therapy Oil used with warm stones works well for knotted muscles and trigger points.
- Turn on lamp light for 45 minutes prior to massage for best results (some spas use a timer to be on 1 hour before use). The stones stay at the perfect temperature of 105 to 118 degrees all day and the energizer draws very little electricity.
- Rotate or restack the use of the stones to keep them warm. Plan your usage. Buy extra stones to promote better and longer protocol. Stacking the stones, only two high, will transfer the heat equally.

Maintenance of the Lamp & Stones:

- Use alcohol or a zero, water based cleaner on each stone, as well as the surface of the warmer – wipe with dry wipe. Never clean salt stones with water or any water based cleaner.
- Cleaning white salt residue – this occurs when there is too much humidity in the room - simply wipe off with a damp cloth. Salt attracts moisture. This will not occur if the lamp and stones are kept warm. When not in use, keep in a plastic bag and away from humidity.
- Replacement bulb: Use a 60W, mini candelabra bulb.

Proper care and maintenance of your Himalayan Hot Stone Massage Kit will ensure years and years of use.